Women's History Month

Calendar March 2025

In a world that is not always fair or just, we are inspired by women who dare to boldly challenge inequality and paye the way for a more peaceful world. This Women's History Month, follow our calendar of activities, designed to inspire, empower and foster hope – because together, we can build a brighter future for women's rights.

Zoom in on the actions for each day of the month, click on the link and start using your power today!

MONDAY

WEDNESDAY

FRIDAY

What is Women's **History Month?**

Begin your Women's History Month by learning about the origins of this important celebration which began in 1978.

SATURDAY

SUNDAY

Start a fundraiser

Gather your community to support women this month, whether you create a team or fundraise independently, every effort helps empower and uplift these resilient women.

Wear your solidarity

Show everyone you stand with women survivors of war by donating to receive limited edition enamel pin.

TUESDAY

Learn how to foster hope

Hear from two of our colleagues working in Nigeria about how they are restoring hope for the future, one woman at a time.

Learn about the **Change Agents**

Our Change Agents are harnessing their power and advocating for women's rights within their communities.

THURSDAY

Discover a new podcast

From career advice to current affairs, check out these podcasts hosted by incredible women.

Be inspired by Zainab Salbi

Women for Women International began with one inspiring woman, Zainab Salbi. Today we have served over half a million women and girls in 17 countries affected by war and conflict.

International Women's Day

Happy IWD! Any donation you make to our work today will be TRIPLED at no extra cost to you. make a greater impact!

Commit to inclusive language

Challenge yourself to use language that empowers and includes all women, whether in everyday conversation, at work or on social media.

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Quotes from inspiring women

Save these powerful quotes to ignite inspiration whenever you're in need of a burst of motivation.

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Activism quiz

Take our quiz to discover your activism style. It takes less than 5 minutes and at the end, you will be given tips that will help you use your strengths to make an even greater impact!

Shop with purpose

Where every purchase supports women survivors of war, with all proceeds going directly towards providing them with the resources and support they need. Explore a variety of meaningful gifts that makes a difference.

Crises that need our attention

Read our watchlist for eight humanitarian crises that need our attention, specifically for women and girls affected.

Virtual Museum Exhibitions

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Explore and learn at the Women's History Museum without leaving the comfort of your home.

15 Watch films by women filmmakers

Embark on a cinematic journey and watch films exclusively crafted by women. Get the popcorn ready!

16 Volunteer or match employee donations

Volunteer your time or check if your employee can match donations made to a charity of your choice.

Practice gratitude

Make a list of the incredible women who bring joy and inspiration to your life. If you can, let them know about the impact they've had.

Stand With Her

Learn more about our Stronger Women, Stronger Nation program where you'll be matched with woman affected by conflict. supporting her as she rebuilds her life.

Advocate for gender equality at work

This online guide will give you plenty of ideas for how you can celebrate women's history in your workplace.

Follow diverse women creators on social media

Find creators who are making a difference and amplify their voices.

Hear from women survivors of war

Read powerful stories of inspiring women who are defying the odds and transforming their lives.

22 Listen to our playlist

Sometimes you need to be reminded of your power, and nothing does the trick quite like a feminist playlist.

Mentor another woman

Put sisterhood into action by finding a mentoring program for women and sharing your knowledge and experience.

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Host a dinner party

Download our cookbook. featuring traditional recipes shared by some of the displaced women we serve, and enjoy a meaningful culinary experience while supporting their journey.

Celebrate women in history

This blog features lesser known women's rights leaders who stood up to injustice and paved the way for other activists.

Read the From **Asking to Action report**

We spoke to over 6,500 women living in conflict zones about their experiences and the change they want to see for a more peaceful world.

Write a letter to your younger self

Let your younger self know how much you've grown and be proud of all the challenges you've overcome.

Take your activism alobal

Learn about a feminist movement from another country and share what you've learnt with your friends and family.

Support **Young Girls**

Read about our Adolescent Program, where we support young girls by providing them with the same training and resources to help them build a brighter, more promising future.

Celebrate Women Leaders

Read about the women who may be less well known but who have used their power to change history and our future.

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To stay up to date with our work

Follow us on social media

supporting women survivors of war, make sure to follow us online at @womenforwomen.









@WomenforWomen





