

# California Abortion Access

## RESOURCE LIST

Abortion is now fully banned in Arizona except when needed to save the life of the pregnant person. Below you'll find a list of Colorado abortion providers located within a reasonable driving distance from Arizona, as well as information on additional funding services. ***We have attached a Know Your Rights document around sick pay laws in Arizona, to educate yourself on the rights to paid sick leave to use during your procedure days, if applicable to your employment.*** T.A.S.C is an ally also listed on this resource list, offering support for patients who live in the Tucson/Southern AZ region. The bottom of this email also includes numbers for two talk lines where you can find emotional support and information about what to expect from your abortion. The people staffing these numbers are supportive of your decision, so you can call without any fear of judgment.

## ***Important to Know***

- Abortion is legal until “viability” - sometime between 24 to 26 weeks gestation.
- After “viability”, California has the following exceptions
  - To save the pregnant person’s life
  - To preserve the pregnant person's general health (can include mental health).
- There is *NO* waiting period required in California.
- There are *NO* parental involvement restrictions for patients under the age of 18.

## ***Clinics***

The Abortion Fund of Arizona is currently working to establish relationships with Colorado clinics. Having an appointment at a clinic in Colorado does not guarantee funding from the Abortion Fund of Arizona. Please utilize the additional funding services included in this email. Below is a list of the closest Colorado clinics for folks traveling from Arizona.

Keep in mind some clinics offer different services-call ahead or visit websites to see options!

### **El Centro/Imperial Valley/Coachella**

#### Planned Parenthood - Imperial Valley

1463 South 4th Street, El Centro, CA 92243  
(760) 594-9100 | [website](#)

#### Planned Parenthood - Coachella Center

49-111 CA-111 #6A, Coachella, CA 92236  
(888) 743-7526 | [website](#)

#### Planned Parenthood - Rancho Mirage

71777 San Jacinto Drive, Suite 202, Rancho Mirage, CA 92270  
(888) 743-7526 | [website](#)

#### Planned Parenthood - Moreno Valley Center

12900 Frederick Street, Moreno Valley, CA 92553  
(888) 743-7526 | [website](#)

### **San Bernardino**

#### Planned Parenthood - San Bernardino

1873 S. Commercenter Dr. W., San Bernardino, CA 92408  
(909) 890-5511 | [website](#)

#### FPA Women's Health - San Bernardino

855 E. Hospitality Lane, San Bernardino, CA 92408  
(909) 885-0282 | [www.fpawomenshealth.com/](http://www.fpawomenshealth.com/)

## San Diego Area

### Planned Parenthood - Upland

918 W. Foothill Blvd., #A, Upland, CA 91786  
(909) 890-5511 | [website](#)

### Planned Parenthood - City Heights Center

4305 University Avenue, #350, Ste 350, San Diego, CA 92105  
(888) 743-7526 | [website](#)

### Planned Parenthood - Euclid Avenue Parker Center

220 Euclid Avenue, Suite 30, San Diego, CA 92114  
(888) 743-7526 | [website](#)

### Planned Parenthood - College Avenue Sarah Weddington Center

4575 College Avenue, San Diego, CA 92115  
(888) 743-7526 | [website](#)

### Planned Parenthood - First Avenue Specialty Services Michelle Wagner Center

2017 First Avenue, Suite 100, San Diego, CA 92101  
(888) 743-7526 | [website](#)

### Family Planning Associates - El Cajon

1625 E Main Street, Suite 202, El Cajon, CA 92021  
(858) 547-7100 | [website](#)

## Riverside/LA County

### Planned Parenthood - Riverside Flaster Family Center

3772 Tibbetts Street, Riverside, CA 92506  
(888) 743-7526 | [website](#)

### FPA Women's Health - Downey

8635 Firestone Boulevard, Suite 100, Downey, CA 90241  
(562) 862-5121 | [www.fpawomenshealth.com](http://www.fpawomenshealth.com)

### Planned Parenthood - Lakewood Health Center

5525 E Del Amo Blvd, Lakewood, CA 90713  
(800) 576-5544 | [website](#)

### Planned Parenthood - Jones Center

7655 Greenleaf Ave, Whittier, CA 90602  
(800) 576-5544 | [website](#)

Planned Parenthood - Compton Health Center  
4402 East Compton Blvd, Suite 104, Compton, CA 90221  
(800) 576-5544 | [website](#)

Planned Parenthood - East Los Angeles Health Center  
5068 Whittier Blvd, Los Angeles, CA 90022  
(800) 576-5544 | [website](#)

Across the state of California there are 168 in-person providers. [See the full list here.](#)

## ***Funds***

These support resources can offer financial and/or practical support depending on the organization. Not all clinics work with all funds so keep that in mind when looking for an appointment! Most funds need at least a couple of days to process requests so it is recommended that all callers contact these resources as soon as possible.

### **Abortion Fund of Arizona**

Funding AZ residents traveling out of state for abortion care. All qualify for support.  
Offering financial and practical support (medical expense, travel expense, logistical support)

*Helpline: 602.327.5166 (también en español) | [website](#)*

***\*\*Only for folks living in Tucson/Southern AZ\*\****

### **Tucson Abortion Support Collective (T.A.S.C.)**

Tucson-based collective providing financial, emotional, informational, material, and logistical support to people seeking abortion care out of state.

[abortionintucson@gmail.com](mailto:abortionintucson@gmail.com) | phone number (texts and calls): 520-235-6934  
[www.abortionintucson.org](http://www.abortionintucson.org)

## **California Based:**

### ACCESS Reproductive Justice

Financial and logistical support in both English and Spanish to folks who live in or are traveling into California

English: 1-800-376-4636 / Español: 1-888-442-2237

[practicalsupport@accessrj.org](mailto:practicalsupport@accessrj.org) | [website](#)

### Women In Need Fund

Financial and logistical support

Helpline: 916-482-4856 | [website](#)

## **National**

### National Abortion Federation (NAF)

Helpline: 1-800-772-9100 | [www.prochoice.org](http://www.prochoice.org)

### *Helpline Hours*

Weekdays: 8:00 AM - 7:00 PM Eastern Time

Saturdays and Sundays: 8:00 AM - 4:00 PM Eastern Time

**\*\*Only for folks Native and Indigenous Folks. Requests proof of tribal affiliation\*\***

### Indigenous Women Rising

Helpline: 505-398-1990

This abortion fund is open to all Indigenous people in the United States and Canada who have the capacity to become pregnant and seek an abortion in the United States.

<https://www.iwrising.org>

### Women's Reproductive Rights Assistance Project (WRRAP)

[www.wrrap.org](http://www.wrrap.org)

WRRAP does not accept funding requests from patients directly. ***If you are interested in utilizing this service please ask the clinic you are visiting.*** The clinic will have some questions for you that they will send to WRRAP to determine if you qualify for funding through their organization.

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## Legal Support

### ***Repro Legal Defense Fund***

The Repro Legal Defense Fund covers bail and funds strong defenses for people who are investigated, arrested, or prosecuted for self-managed abortion.

<https://www.reprolegaldefensefund.org>

### ***Repro Legal Helpline***

The helpline can answer questions about self-managed abortion and the law.

Helpline: 844.868.2812

<https://www.reprolegalhelpline.org/what-can-we-do-for-you>

## Counseling Talklines

### **All-Options**

1-888-493-0092

[www.all-options.org](http://www.all-options.org)

#### *Talkline Hours*

Weekdays: 10:00 AM - 1:00 AM Eastern Time

Saturday and Sunday: 10:00AM - 6:00 PM Eastern Time

The All-Options talkline offers peer counseling and support to people throughout the United States and Canada. They are the only national talkline that welcomes calls at any point during or after pregnancy; whether callers are looking for options counseling, support before or after abortion, or a chance to talk about parenting, pregnancy loss, adoption, or infertility.

### **Exhale**

1-866-4-EXHALE (394253)

[www.exhaleprovoice.org](http://www.exhaleprovoice.org)

#### *Talkline Hours*

Weekdays: 5:00 AM - 10:00 PM Pacific Time

Saturdays and Sundays: 12:00 PM - 10:00 PM Pacific Time

The Exhale talkline is available to people who have had abortions, and to their partners, friends, allies, and family members.

Exhale offers a free, national talkline that provides emotional support, resources and information. All calls are completely confidential and counselors offer support and respect without judgment. The service is available in multiple languages, including English, Spanish, Cantonese, Mandarin, and Vietnamese.

## **ARIZONA SUPPORT SERVICES**

If you are in need of services including emergency shelter, food boxes, eviction prevention, substance abuse treatment, or other community-based services in Maricopa County, please dial 2-1-1 or visit their website: [www.211arizona.org](http://www.211arizona.org)

### **Domestic Violence & Sexual Assault**

#### ***White Mountain S.A.F.E House (North-Eastern Arizona)***

24-hr Hotline: 1-800-224-1315

Provides a safe, home-like environment for women and children who are escaping the negative and unsafe environment of domestic violence. Our program offers guidance, referral services, help in recognizing healthy relationships, social and life skills to those we help in order to empower them and ensure the success of their independent lives.

<https://www.wmsafehouse.org>

#### ***Chicanos Por La Causa / De Colores***

24-hour Shelter Hotline: 602-269-1515

Community Supervisor: 623.247.0464

<https://www.cplcdecolores.org>

De Colores provides a safe and secure environment where victims of domestic violence can recover from the devastating effects of abuse as they acquire the knowledge and skills necessary to become self-sufficient and break the cycle of violence. CPLC De Colores also provides community-based and follow-up services to survivors and their children.

**Arizona Centralized Screening / Crisis Intervention**

Tel: 480-890-3039

**National Domestic Violence Hotline:**

Tel: 1-800-799-7233

**Homelessness Services**

**Family Housing Hub (FHH)**

(602) 595-8700

For families and children experiencing homelessness in Maricopa County. Open Mondays 8:00 a.m. to 8:00 p.m. and Tuesdays through Thursdays 8:00 a.m. to 4:00 p.m.

**UMOM New Day Centers**

3333 E Van Buren St, Phoenix, AZ 85008

(602) 275-7852

**Brian Garcia Welcome Center / Human Services Campus**

For single adults (18 or older) on their own in Maricopa County - 602-229-5155

**Tumbleweed Youth Center for Development**

For youth experiencing homelessness - 602-462-5611

**Mutual Aid**

Search by state for mutual aid resources in various cities.

<https://www.mutualaidhub.org>



# KNOW YOUR RIGHTS: ARIZONA + PAID SICK DAYS

May 2019



Arizona passed a new law guaranteeing private sector workers paid sick and safe days, and it went into effect in July 2017. Read the law here: [bit.ly/ArizonaPSD](http://bit.ly/ArizonaPSD)

## What is paid sick time?

Paid sick days are days workers accrue over a certain amount of time that can be used to deal with personal and family health or safety needs, without losing pay or one's job. It is legally protected, earned time away from work that cannot be taken away and that can be used specifically for the needs described above.



**Arizona Industrial Commission – Phoenix Office**  
800 W. Washington Street, #307  
Phoenix, AZ 85007  
Hours: 8 a.m. to 5 p.m. Monday – Friday  
Phone: 602-542-4661

**Arizona Industrial Commission – Tucson Office**  
2675 E. Broadway Blvd.  
Tucson, AZ 85716  
Hours: 8 a.m. to 5 p.m. Monday – Friday  
Phone: 520-628-5188

## ✓ AM I ELIGIBLE FOR PAID SICK DAYS?

Private sector workers are eligible to accrue and use paid sick time.

## ✓ HOW DO I GET PAID SICK DAYS?

**Work 30 hours = Earn 1 sick hour**

Workers who are covered by the law earn one hour of paid sick time from their employer for every 30 hours they work.

## ✓ WHEN CAN I START TO USE PAID SICK TIME?

You can use paid sick time as soon as it is accrued. An employer may require new employees to complete a waiting period of up to 90 days before using accrued sick time.

## ✓ DO I STILL GET PAID WHEN I USE A SICK DAY?

When you use sick time, your employer pays you at the same hourly rate that you would earn if you were working. You receive that pay as part of your regular paycheck.



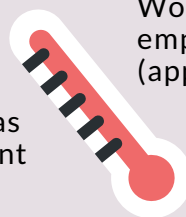
## ⊖ THE LAW DOES NOT APPLY TO:

- Persons employed by a parent or sibling;
- Persons performing babysitting services in the employer's home on a casual basis; and
- State or federal government employees.

## ⊖ CAN MY EMPLOYER DENY MY REQUEST FOR SICK DAYS?

No, your employer cannot deny your request for sick time for an unforeseeable absence (such as coming down with the flu or needing more time off than anticipated to recover from a procedure).

Your employer can require you to make a “timely” request for planned absences (such as a planned doctor’s appointment or appointment for abortion care) prior to the start of your scheduled work time.



## ✓ HOW MUCH PAID SICK TIME DO I GET?

**40 hours/year (15+ employees)**

Covered workers whose employers have 15 or more employees can earn up to 40 hours (approximately five days) of paid sick time in a year.

**24 hours/year (1-14 employees)**

Workers whose employers have fewer than 15 employees can earn up to 24 hours (approximately three days) in a year.

*If an employer already offers paid time off, and employees can accrue it at the same rate and use it for the same reasons, the employer does not have to provide additional time under the law.*

## ✓ FOR WHAT FAMILY MEMBERS CAN I USE PAID SICK TIME?

In addition to taking paid sick time for your own needs, sick time can be used to care for family members. **Under Arizona's law, "family member" includes your:**

- Spouse or domestic partner;
- Child (adopted, adult or foster);
- Parent;
- Sibling;
- Grandparents/children;
- Parent or legal guardian of spouse/domestic partner;
- Person with whom an employee was or is in a relationship of in loco parentis (acting as a parent); and
- Any other individual related by blood or affinity or whose close relationship with you is the equivalent of a family relationship.



## ✓ FOR WHAT REASONS CAN I USE PAID SICK TIME?



Paid sick time can be taken in hourly increments or as partial or full workdays. You can use sick time for your own **mental or physical health matters**, including to recover from an illness like the flu, or to go to a **doctor's appointment**, whether for a regular checkup or for particular health care services or procedures. You can also use paid sick time for a **family member's care** or to attend a doctor's appointment with a family member.

Additionally, you can use paid sick time if you or your family member is the victim of **domestic abuse, stalking or sexual violence**. Sick time can be used to seek relocation, obtain help from a victim services organization, access medical care, or to participate in legal or court-ordered action.

Accrued paid sick time can also be used in the event of a public health emergency, such as the closure of your place of business, a child's school or place of care.


## ✓ CAN I USE PAID SICK TIME FOR ABORTION CARE?

Yes, if you are eligible for paid sick time, you can use paid sick time for abortion care. You can take paid sick time in hours or in full workdays. Clinic staff can help you determine how much time you may need to **rest and recover** after your procedure or during or after a medication abortion.


Paid sick time can also be used to cover the time you spend **traveling** to get care.


If you are getting an abortion at a clinic in Arizona, note that the state has a **24-hour mandatory waiting period** before any abortion procedure, requiring you to have an in-clinic appointment at least one day before you have your abortion procedure or take the first dose of medication in a medication abortion.

## DO I HAVE TO TELL MY BOSS I AM GETTING AN ABORTION?

 No, you do not have to tell your boss the specific medical reason for missing work. However, they may still ask for verification, like a doctor's note, if you request to use sick time *for more than three consecutive days*. **Make sure you ask clinic staff to help ensure your confidentiality if you do need employer verification.**

## WHAT ELSE DO I NEED TO KNOW?

 No, your employer cannot retaliate against you for using your sick days. A reduction of hours, a transfer, discharge, suspension or threat of these actions is prohibited by the law.

 No, your employer cannot condition the use of your earned sick time on you finding a replacement or someone to cover your shift.

**If you feel you have been wrongly denied the use of your earned sick time or feel your employer has violated the law, you can file a complaint with the Arizona Industrial Commission within one year of the suspected violation.**